

# One-on-One Information Sessions

Thinking about retiring?  
Need help understanding your  
pension options?

## Two ways to register:



### Online

Go to [LAPP.ca](https://lapp.ca) and log into  
your mypensionplan account  
(once logged in, click on  
“Book an Information Session”)



### Phone

Call the Member Services Centre  
at 1-877-649-5277

Remember to update your personal  
and relationship information prior to  
booking your one-on-one session.

To find out how to prepare for a  
one-on-one session, go online at  
[LAPP.ca/one-on-one](https://lapp.ca/one-on-one).



## Spring 2020 Dates

### Calgary

March 18 - 19  
April 1 - 2  
April 20 - 22  
May 12 - 13

### Edmonton – Downtown

April 15  
April 17

### Fairview

April 7

### Grande Prairie

May 13 - 14

### Lethbridge

May 6 - 7

### Red Deer

April 21 - 22  
May 20 - 21

Sessions are booked for 30 minutes.

All locations are scent-free.

Sessions are also available year-round in south Edmonton.